

BACK TO SCHOOL CHECKLIST FOR MOMS

- COMPLETE ERRANDS & APPOINTMENTS**
Haircuts, dentist, sports physicals, school shopping, get Rx's for school clinic filled
- CREATE A HOMEWORK STATION**
- ASSEMBLE A CAR HOMEWORK KIT**
- SET UP MOM'S MOBILE COMMAND CENTER**
Chargers, snacks, napkins, coins, umbrella, hand sanitizer, first aid kit, notepad and pen, book or magazine
- DESIGNATE A DUMP ZONE**
- ESTABLISH A PAPER ZONE**
Permission slips, invites, sports rosters, schedule, projects
- PURGE KIDS CLOSETS AND DRAWERS**
- LABELS**
Label all clothing, sports gear, backpacks, lunch boxes, shoes, etc.
- SETUP A LUNCHBOX STATION**
Supplies, containers and easy pack stations in fridge
- MEAL PREP**
Make ahead and freeze or meal plan and prep
- PURCHASE AND STORE BACKUP SUPPLIES**
Poster boards, note cards, folders, project supplies
- SCHEDULES**
Add all appointments, sports, holidays, birthdays, events etc. to calendar

